



1							
l,							
Ì	Λ.			1		LA I	
	Your Membership Number						

Grading Test Application Form

Please complete and return this form to your instructor, alo<mark>ng</mark> with <mark>your no</mark>n-refundable grading <mark>fee</mark>.

Personal Information:

First Name		Last Name			
Age Regular Dojo		номви	Instructor		
Date Last Graded		Current Grade	Belt Size		
Emergency Cont	act Name	Eme	er <mark>gency Contact N</mark> umber		

Note: You must attempt every technique of your level and you will be given two chances to perform your katas. If you are unable to complete all the moves of your katas on the first attempt you will be given the opportunity for a second attempt, if you are still unable to complete the katas you will be asked to sit down, and your grading will be over.

A positive attitude is a very important part of training at the HCD Martial Art Academy, so regardless of the quality of your technique, if you demonstrate a poor/negative attitude at the grading test you will be asked to sit down, and your grading will be over.

Examiners Use Only

Techniques				Score		
Kata		1 st Attempt 2 nd Attempt		30	40	50
Kata				30		
1 x Junior Kata of Examiners choice		1	2	3	4	5
Kihon (Blocks, Strikes, Kicks and Stances)		1	2	3	4	5
Striking Combinations		1	2	3	4	5
Kicking Combinations	1	1	2	3	4	5
Self Defence		1	2	3	4	5
Flexibility & Fitness		1	2	3	4	5
Sparring (Kumite and attack)		1	2	3	4	5
Aiki Techniques		1	2	3	4	5
Board Breaking		1	2	3	4	5
	Pass score	Grading Score:				
Shokyu Levels	50					
(10 th Kyu to 8 th Kyu and White Kokyu to Green Kokyu) Chukyu Levels	55					
(7 th Kyu & 6 th Kyu and Purple Kokyu & Blur Kokyu) JoKyu Levels (5 th Kyu & 4 th Kyu and Brown Kokyu & Red Kokyu)	60					
Advanced Levels (3rd Kyu & 2nd Kyu and Black Kokyu)	70	Result		PASS	RI	ESIT

Overall Commo	ent:		THE PARTY OF THE P	
EXAMINER:	SIGNATURE		DATE	